



REFUGEE

WAY OF THE CROSS CHURCH OF CHRIST, INC.

MONTHLY NEWSLETTER

MARCH 2022 EDITION



PRAYER OVER PANIC

It's easy to focus on your problems and what's not going right in this world or even in your life; all that will do is rob you of the peace God promises you. Philippians 4:6 tells you: Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

You can panic, or you can pray, but you can't do both. Prayer is powerful and effective, and if you are too busy panicking instead of praying, you forfeit your greatest strength. In the face of your adversity, you have the power to choose your response. When you choose faith over fear, wisdom over worry, and prayer over panic, you can experience the "peace of God, which surpasses all understanding" that you read about in Philippians 4:7.

Refuge, keep holding onto God's word.

You Say... God Says...

<i>You Say</i>	<i>God Says</i>	<i>Bible Verses</i>
I can't figure it out.	I will direct your steps.	Proverbs 3:5-6
I'm too tired.	I will give you rest.	Matthew 11:28-30
It's impossible.	All things are possible.	Luke 18:27
Nobody loves me.	I love you.	John 3:16
I can't forgive myself.	I forgive you.	Romans 8:1
It's not worth it.	It will be worth it.	Romans 8:28
I'm not smart enough.	I will give you wisdom.	I Corinthians 1:30
I'm not able.	I am able.	II Corinthians 9:8
I can't go on.	My grace is sufficient.	II Corinthians 12:9
I can't do it.	You can do all things.	Philippians 4:13
I can't manage.	I will supply all you needs.	Philippians 4:19
I'm afraid.	I have not given you fear.	II Timothy 1:7
I feel all alone.	I will never leave you.	Hebrews 13:5

BibleStudyTools.com

4301 Old York Road | Baltimore, Maryland 21212 | (667)212-5387
Bishop Troy A. Barnett, Pastor | Apostle Leroy H. Cannady, Sr., Founder

ROAD TO ENLARGING MY TERRITORY



A Message From Lady Tiffany Barnett

Have you established goals that will lead to the Lord enlarging your territory? Pastor Barnett has repeatedly told us that we are ready; however, the Lord will not do what we won't do only what we can't do. We can start by setting goals to lead to our success while praying the Lord will bring it to pass.

“And the LORD answered me, and said, Write the vision, and make it plain upon tables, that he may run that readeth it.”
Habakkuk 2:2 KJV

Studies show that people who set goals and write them down are more successful than those who don't. When we write our goals and set them before us, we can hold ourselves accountable for what we have or have not done to achieve our goal. We can evaluate what is working well and identify areas we need to improve.

We can be comfortable with saying we want to do better but be **SPECIFIC**. The goal should identify a specific action that will take place. For example: I will pray every morning.

The goal should be **MEASURABLE**, **ACHIEVABLE**, and **REALISTIC** including dates for starting and ending. For example: I will pray for 30 minutes every morning from 6 - 6:30am. This goal is achievable because I can get up 30 minutes earlier and pray before getting ready for work.

The goal should also be **TIMELY** and state the time period in which it will be accomplished. For example: I will pray for 30 minutes every morning from 6 - 6:30am during the month of March by getting up 30 minutes earlier.

Now you have a **SMART** goal. I challenge you to spend some time considering what it is you want to achieve, short-term and long-term. Is there something you would like to achieve spiritually, physically, or financially? Write down your goals using the **SMART** goal method and identify what you will need to do to reach this goal. Remember to keep in mind any obstacles and determine the action steps to make your goal(s) a reality.

If you would like additional support with writing **SMART** goals, feel free to email Lady Tiffany Barnett at sisterbarnett@gmail.com.

“Therefore encourage (admonish, exhort) one another and edify (strengthen and build up) one another, just as you are doing.”

1 Thessalonians 5:11 AMPC

Be blessed,
Lady Tiffany Barnett



Double Good

POPCORN FOR PROGRESS

FUNDRAISER



*Order online by clicking the link below.
(<https://doublegood.com/TMWGNE>)

Link will be live beginning March 31, 2022 at 7:00 pm
until April 4, 2022 - 5:00 pm.

**It's only through your support that we
can accomplish our goal of \$10,000.00.**

Committee:

Sis. Cheryl Ziegler, Sis. Sandra Cannady, Sis. Shirley Holly

Questions:

Ministry.fundraiser22@gmail.com or call 410-944-0074



REFUGE SPOTLIGHT MINISTRY

Floral Ministry

Missionary Camela Daley - Refuge Florist



The ministry of flowers not only deals with the artistic impression and interpretations of floral arrangements that are placed in the sanctuary, but also on the sacred aspects that one may perceive when viewing the display.

The Spirit of God stirs the imagination and interpretations of the floral designer, revealing concepts or ideas that are ideal for the composition. That same Spirit can touch the heart of the viewer who may see more than just a beautiful floral display, but will see through the display to the beauty and love of God and all His creation, a sacrament of His creation. Flowers and plants are a gift that not only sustains life but also should be used in worship and praise of The Creator of Life.

Missionary Camela Daley enrolled in a class for interior designing. The class was canceled, which led her to check out other classes. She ended up in a floral arrangement class.

One day, she showed Missionary Shirley Johnson one of her floral arrangements. Missionary Johnson admired the arrangement so much that she suggested that she place the floral arrangement in the church vestibule. First Lady Shirley Whitfield saw the arrangement, admired it, and placed it in the front of the sanctuary around the altar. Ever since then, people looked forward to seeing her arrangements in the sanctuary.



God has given Missionary Daley the gift to arrange. He gives her the arrangement ideas before she puts them together. She stated "I want people to see God in my arrangements. Flowers bring warmth to the sanctuary". It's a blessing to come into the sanctuary to behold the beauty the flower arrangements brings.

Refuge would like to thank Missionary Daley for her consistency in contributing to the beautification of the sanctuary.

God bless you Missionary Daley!

YOUTH FOR CHRIST YANKEE CANDLES FUNDRAISER



Praise the Lord! The Youth of Refuge are selling Yankee candles to help support our mission to gather our young people together for our future events. If you are interested in supporting, please reach out to Min. Dominique Wilkes via email at wilkesd09@gmail.com to place your order. You can pay via cash app to \$RefugeWOTCC. In the memo put "Yankee Candles". See the attached flyer for prices and details.

A TESTIMONY

From
Sister Pauline Aquil



My definition of a Testimony is the testament of how God has brought me up and out of a situation which I should have lost my mind, been maimed, or even died.

Psalms 55:22: I Will Never Leave You Nor Forsake You

There are so many times in my life that has been a testament to this scripture. For instance, the time when I was asleep in my apartment and my boyfriend set the apartment on fire. A neighbor smelled the smoke, broke the door down and revived me.

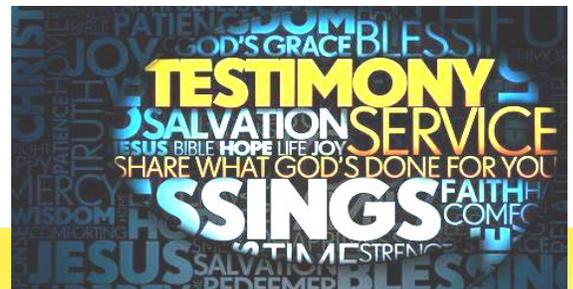
The time I was almost pronounced dead is the testimony that I want to share with you today. I remember being at work and feeling a sharp pain in my back. I don't know how I got to the hospital because they told me I lost consciousness. I remember being in this thick fog with people around me talking about me. They were saying call her family she won't make it through the night. I wanted to scream and say I can hear you, no I am ok. They were telling my mother I was not going to make it, and asking her if she wanted to call a Pastor. I could hear my mother praying to God not to take me.

Well, I made it through the night. The doctors later explained, I had bacteria in my blood stream that shut down all my organs. They said I had a temperature of 116.6 and they have never seen anyone survive that. While recovering in the hospital, the staff and medical students would come in my room to see "the patient that was in ICU who survived with bacteria in her blood stream". That temperature should have fried my brain and caused severe brain damage. I went on to become a Nurse and was a part of a Nursing Program at Morgan State University, a Professor, and I've accomplished my PhD in Higher Education. I share all of that, not because of what I have done, it's because of Genesis 12:2, "I will make you into a Great Nation, And I will Bless you; I will make Your Name Great And You Will Be a Blessing". I am Just Pauline from a little city called Baltimore. However, God has let my name ring out across the world, where people called me to speak on Nursing Education, Living a Healthy Lifestyle and being centered with your Mind, Body, and Soul.

I am at a point in my life where I can see why God saved me for such a time as this. I use to think it was for my own selfish needs. However, guess what, it was never about me; I am but a Testimony of God's Grace and Mercy. I use to just pray to God for what I wanted Him to do for me, but when I really surrendered to His will and developed a personal relationship with Him, I began to see the bigger picture. Now I spend my days worshiping, seeking Him, and praying for wisdom. I thank God every morning and throughout the day and night for keeping to His Word,

Psalms 55:22, I Will Never Leave You Nor Forsake You.

Continue to pray my strength in The Lord.



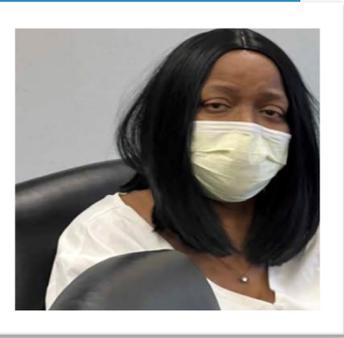
A NEW LEASE ON LIFE

Judy Oliver's Inspiring Story

Maryland Public Services

Interconnections—Office of General Counsel

William Donald Schaefer Tower



When Judy Oliver was diagnosed with diabetes 18 years ago, she began a journey that would lead to a life-changing surgery. Not many of us could endure kidney dialysis (for seven years), a kidney transplant, AND testing positive for COVID-19, but 'Miss Judy' has, with characteristic faith in God, an enduring optimism and the support of her close-knit family, church members and PSC colleagues. Judy, who is the Management Associate for the Office of General Counsel, recounts how diabetes took its toll on her eyesight, blood vessels and kidneys, requiring her to make some serious lifestyle changes—including her diet. But in 2014, her kidney function began to fail to the point where they were only working at about 10 percent capacity—a dangerous situation since the kidneys remove toxins, waste and excess water from the bloodstream, important for keeping the body's chemicals in balance. After trying medication to save the kidneys, Judy's nephrologist informed her that the pills did not work and that dialysis was the next step. Even at the beginning of that process, her medical team discussed a transplant with her. They asked, 'Would you want a transplant?' and I said yes. So then you choose a hospital—Johns Hopkins or the University [of Maryland]—I chose University," Judy recalls. After a complete work-up from a battery of doctors, nurses, psychologists, etc., she was declared a 'perfect' candidate and added to the list of patients waiting for a donor. She declined an organ from a living donor, including from any of her children and siblings, because, even though most people would be fine with only one working kidney, in typical Judy fashion, she did not want to compromise anyone else's future health and well-being.

Judy describes dialysis as an intense process—three times a week for three-four hours a day. If the patient before her had any kind of medical complication, that would delay her start time, but would not shorten the time for her procedure. Dialysis, in essence, works as an artificial kidney. The process requires connection to the dialysis machine which draws blood out of the body, filters out the extra salt, waste and fluid and returns the cleaned blood to the body. Complications can include infection, bleeding, blood clots, etc. But through it all, Judy never complained, never got sick and says she refused to use her treatments as an excuse to miss work. "A lot of my friends at work here, when they found out that I was on dialysis, they said, 'Girl, if you didn't tell me, I would not know,'" she says. "And sometimes if I'd tell people I was on dialysis, they'll start to say, 'oh I'm sorry.' And I'll say, oh, no, do not feel sorry for me. You see how I move and groove through here," Judy says with a laugh.

Finally, in August 2021, Judy got the call she had been waiting for. She had the transplant surgery on a Wednesday, and remarkably, after five days went home, as she says, 'a whole new Judy' with a new kidney she nicknamed 'Lily Peanut.' She also left with a big book of new rules to follow about what she could and could not eat and drink (no raw foods, no grapefruit juice, and only purified or filtered water), a schedule of weekly blood tests, and 20 different medications, including several anti-rejection pills, that had to be taken on a strict schedule. The number of medications have gradually decreased since her surgery. Despite a brief hospitalization last month after a positive COVID-19 diagnosis (which can cause serious complications for transplant patients whose immune systems can be compromised), Judy's steadfast faith in God never wavered. In her words, "My faith always gives me strength. That's where I get anything from, is Him. He never lets go of me, He never takes His hand off me, He's always there. He always makes me the exception to the rules." She says what could have been a bad situation with COVID never materialized and the only consequence for her was having to slow down a bit to recover from a fever and extreme fatigue. What message does she offer for those who may find themselves faced with a similar challenge? "What I would say, first of all, keep your head up. Keep positive people in your corner. And always be prayerful. It's going to work out. And say to others 'we're going to make it through this', you have to speak that into existence."

Wise words indeed.

Congratulations

SISTER SANDRA CANNADY

RETIRED!!! EARNED IT!! LIVING IT!! LOVING IT!!



Sandra Cannady has been an integral part of our Department and the State of Maryland (Public Service) for the last 36 years. Sandra's contributions will always be valued and remembered. Please join me in congratulating Sandra and wishing her all the best in her retirement.

"To God be the glory for the things He has done!!"

2022

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www.9gear.club

CHURCH ANNOUNCEMENTS

SATURDAY, MARCH 5, 2022 - 1:00 pm

REFUGE COUPLES FELLOWSHIP - BOWLING NIGHT

See attached flyer.

SATURDAY, MARCH 19, 2022 - 12:30 pm

WOMEN'S MINISTRY BRUNCH

See attached flyer.

FRIDAY, MAY 27, 2022

100TH BIRTHDAY CELEBRATION FOR APOSTLE CANNADY

Tickets need to be paid in full by May 1, 2022.

See attached flyer.

SATURDAY, JULY 9, 2022

WOMEN'S MINISTRY BUS TRIP TO SIGHT AND SOUND

If you would like to go with us, please contact Sis. Vivian Person - 443-604-2115.



MARCH BABIES

JoAnn Latham 3/10

Mary Tucker 3/11

Wilbert Smith 3/15

Judy Oliver 3/17

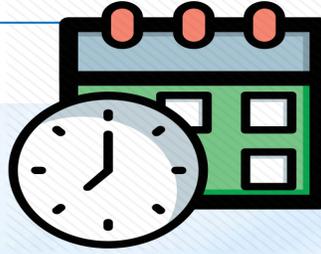
Dena Smith 3/24

Phyllis Cannady 3/28

Elizabeth (Queen) Graham 3/28

Alvinal Barnes 3/30

CHURCH SCHEDULE



SERVICE SCHEDULES

SUNDAY SCHOOL

9:30 AM

*Held in the Sanctuary

*Livestream.com/refugewotcc

*Facebook

*Call 667-212-5387 for direct connect information

SUNDAY WORSHIP

11:00 AM

*Held in the Sanctuary

*Livestream.com/refugewotcc

*Facebook

*Call 667-212-5387 for direct connect information

BIBLE STUDY

Wednesdays

7:00 PM

*Facebook

*Call 667-212-5387 for direct connect information.

FRIDAY NIGHT SERVICES

FAMILY NIGHT

1st Fridays - No Service

MEN'S MINISTRY SERVICE

2nd Fridays

YOUTH FOR CHRIST SERVICE

3rd Fridays

MISSIONARY SERVICE

4th Fridays
(Every other month)

WOMEN'S MINISTRY SERVICE

4th Fridays
(Every other month)

MONTHLY/WEEKLY EVENTS

YOUTH FOR CHRIST MEETING

Every 1st Tuesday - 6:00 pm

MEN'S MINISTRY FELLOWSHIP

Every 2nd Saturday - 11:00 am

SENIOR CARE MINISTRY BIBLE CLASS

Every Wednesday - 12 noon

CORPORATE PRAYER

Every 1st Saturday - 11:00 am

GIVING



PO Box 26810
Baltimore, Md 21212



Refugewotc@yahoo.com



Refuge Way of the Cross
Church, Inc.



Cash App

\$refugewotcc